2007 Youth Risk Behavior Survey

Montana Comparative Report

Data Compilation from Six Reports: High School Grades 7-8

American Indian Students on Reservations American Indian Students in Urban Schools Alternative Schools and Students with Disabilities

November 2007



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The following comparative data table was developed using the data results from the 2007 Montana Youth Risk Behavior Survey (YRBS). The High School data are statistically valid due to the random sampling procedures followed in order to obtain weighted data. These data can be used to make inferences about the health risk behaviors of all high school students in Montana.

All other reports followed census sampling procedures. These data represent the respondents only; it would not be valid to generalize these findings to all Montana students for that specific student population. The following number of students provided data for each report:

Grades 7-8 – 7,977 students American Indian students on Reservations (AI-Res) – 763 American Indian students in Urban Schools (AI-Urban) – 393 Alternative Schools (Alt School) – 606 Students with Disabilities (SWD) – 1,209

Montana YRBS web site: www.opi.mt.gov/yrbs

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| Injury and Violence | High School | Grades 7-8 | AI – Res | AI – Urban | Alt School | SWD |
|--|----------------|---------------|-------------|---------------|---------------|------|
| Percentage of students who | | | | | | |
| Rode a bicycle and never or rarely wore a bicycle helmet during the past 12 months | 83.8 | | 95.9 | 90.0 | 94.5 | 90.2 |
| Never or rarely wore a seat belt when riding in a car driven by someone else | 14.2 | 13.1 | 25.7 | 21.4 | 30.6 | 23.3 |
| Never or rarely wore a seat belt when driving a car | 14.9 | | 32.4 | 27.2 | 38.0 | 29.2 |
| Rode in a car driven by someone who had been drinking alcohol during the past 30 days | 32.9 | | 45.8 | 41.2 | 40.2 | 41.5 |
| Drove a car when they had been drinking alcohol during the past 30 days | 16.0 | | 22.6 | 20.7 | 20.9 | 20.7 |
| Carried a weapon such as a gun, knife, or club during the past 30 days | 22.1 | | 20.1 | 29.4 | 25.2 | 33.3 |
| Carried a gun during the past 30 days | 7.8 | | 9.6 | 12.6 | 10.6 | 15.7 |
| Carried a weapon on school property during the past 30 days | 9.7 | | 10.3 | 13.0 | 13.8 | 16.0 |
| Did not go to school because they felt unsafe at school or on their way to or from school during the past 30 days | 4.2 | | 10.2 | 6.9 | 6.6 | 7.9 |
| Had been threatened or injured with a weapon on school property during the past 12 months | 7.0 | | 7.8 | 8.5 | 9.3 | 12.5 |
| Had property such as their car, clothing, or books stolen or deliberately damaged on school property during the past 12 months | 28.6 | | 22.2 | 29.8 | 23.5 | 32.6 |
| Were in a physical fight during the past 12 months | 32.8 | | 42.2 | 46.4 | 49.7 | 44.8 |
| Were injured in a physical fight that required medical treatment during the past 12 months | 3.7 | | 8.0 | 8.2 | 10.0 | 9.5 |
| Were in a physical fight on school property during the past 12 months | 12.0 | | 16.8 | 23.2 | 19.8 | 20.3 |
| Were hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months | 10.6 | | 16.2 | 15.1 | 20.2 | 14.8 |
| Have ever been physically forced to have sexual intercourse when they did not want to | 8.8 | | 11.4 | 15.2 | 18.1 | 15.4 |
| Felt so sad or hopeless for two weeks or more in a row that they stopped doing some usual activities during the past 12 months | 25.8 | | 32.8 | 35.6 | 39.2 | 36.8 |
| Seriously considered attempting suicide during the past 12 months | 15.1 | | 18.1 | 24.3 | 26.2 | 23.6 |
| Made a plan about how they would attempt suicide during the past 12 months | 13.2 | | 17.6 | 19.5 | 20.2 | 21.1 |
| Actually attempted suicide during the past 12 months | 7.9 | | 15.8 | 18.4 | 16.0 | 17.7 |
| Had a suicide attempt resulting in injury, poisoning, or overdose that required medical treatment during the past 12 months | 2.7 | | 4.9 | 4.7 | 5.8 | 5.3 |

| Tobacco Use | High School | Grades 7-8 | AI - Res | Al – Urban | Alt School | SWD |
|---|----------------|---------------|-------------|---------------|---------------|------|
| Percentage of students who | | | | | | |
| Ever tried cigarette smoking | 52.1 | 27.1 | 83.4 | 69.1 | 81.2 | 64.5 |
| Smoked a cigarette before age 13 | 14.7 | 15.0 | 33.5 | 32.8 | 53.5 | 26.7 |
| Smoked a cigarette on one or more of the past 30 days ("current") | 20.0 | 9.7 | 47.9 | 34.7 | 48.7 | 32.2 |
| Smoked cigarettes on 20 or more of the past 30 days ("frequent") | 8.1 | 2.2 | 15.0 | 16.4 | 33.3 | 15.5 |
| Among current smokers, smoked more than 10 cigarettes per day on the days they smoked during the past 30 days | 7.7 | 8.6 | 3.8 | 11.1 | 15.3 | 13.9 |
| Usually got their cigarettes by buying them in a store or gas station during the past 30 days | 9.3 | 1.0 | 10.4 | 4.4 | 14.8 | 6.0 |
| Smoked cigarettes on school property during the past 30 days | 6.2 | | 18.5 | 12.9 | 20.9 | 12.0 |
| Ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days ("regular") | 12.9 | 8.5 | 29.6 | 26.8 | 53.2 | 26.7 |
| Among current smokers, tried to quit smoking during the past 12 months | 55.0 | | 68.9 | 55.5 | 65.3 | 59.2 |
| Used chewing tobacco, snuff, or dip during the past 30 days | 12.9 | 6.4 | 25.8 | 15.2 | 17.2 | 21.0 |
| Used chewing tobacco, snuff, or dip on school property during the past 30 days | 7.3 | | 18.7 | 10.3 | 11.7 | 13.7 |
| Smoked cigars, cigarillos, or little cigars during the past 30 days | 15.5 | 5.7 | 13.6 | 19.2 | 24.0 | 18.3 |

| Alcohol and Other Drug Use | High School | Grades 7-8 | AI - Res | AI – Urban | Alt School | SWD |
|---|----------------|---------------|-------------|---------------|---------------|------|
| Percentage of students who | | | | | | |
| Had at least one drink of alcohol during their life | 77.8 | 44.8 | 78.6 | 79.7 | 87.8 | 78.4 |
| Had first drink of alcohol before age 13 | 25.9 | 32.4 | 31.1 | 40.6 | 44.6 | 37.2 |
| Had at least one drink of alcohol during the past 30 days ("current") | 46.5 | | 53.9 | 51.0 | 60.4 | 48.8 |
| Had five or more drinks of alcohol in a row during the past 30 days ("binge drink") | 32.7 | 13.1 | 45.7 | 39.0 | 50.2 | 37.9 |
| Had at least one drink of alcohol on school property during the past 30 days | 5.7 | | 12.2 | 8.6 | 9.1 | 9.9 |
| Drank alcohol that someone else bought for them during the past 30 days | 15.9 | | 23.8 | 20.6 | 28.5 | 16.5 |
| Used marijuana during their life | 39.1 | 15.3 | 69.9 | 52.1 | 72.5 | 45.1 |
| Tried marijuana before age 13 | 9.5 | 9.9 | 30.8 | 23.8 | 33.2 | 16.7 |
| Used marijuana during the past 30 days ("current") | 21.0 | | 44.1 | 29.8 | 46.3 | 25.7 |
| Used marijuana on school property during the past 30 days | 5.0 | | 15.9 | 8.3 | 14.6 | 9.2 |
| Used any form of cocaine during their life | 8.3 | 5.9 | 14.7 | 13.0 | 33.3 | 12.0 |
| Used any form of cocaine during the past 30 days ("current") | 2.9 | | 6.4 | 5.4 | 11.8 | 7.0 |
| Used inhalants during their life | 16.2 | 17.2 | 24.9 | 26.3 | 32.2 | 25.3 |
| Used heroin during their life | 2.5 | | 3.8 | 6.3 | 8.9 | 6.2 |
| Used methamphetamines during their life | 4.6 | 3.0 | 10.8 | 10.5 | 23.3 | 8.6 |
| Used ecstasy during their life | 6.0 | | 7.4 | 12.1 | 25.3 | 10.1 |
| Took steroid pills or shots without a doctor's prescription during their life | 2.8 | 4.7 | 5.1 | 6.5 | 8.0 | 7.6 |
| Used a needle to inject any illegal drug into their body during their life | 2.0 | | 4.4 | 4.4 | 6.8 | 5.7 |
| Were offered, sold, or given an illegal drug on school property during the past 12 months | 24.9 | | 26.6 | 24.6 | 33.5 | 29.2 |

| Sexual Behaviors | High School | Grades 7-8 | AI - Res | AI – Urban | Alt School | SWD |
|--|----------------|---------------|-------------|---------------|---------------|------|
| Percentage of students who | | | | | | |
| Ever had sexual intercourse | 45.7 | 16.0 | 67.1 | 57.2 | 81.7 | 54.8 |
| Had sexual intercourse before age 13 | 5.1 | 10.3 | 12.7 | 15.2 | 19.1 | 12.0 |
| Had sexual intercourse with four or more people during their life | 13.7 | 3.8 | 26.0 | 21.8 | 44.5 | 18.3 |
| Had sexual intercourse during the past three months ("current") | 31.2 | | 45.9 | 35.9 | 56.4 | 34.0 |
| Drank alcohol or used drugs before last sexual intercourse | 26.0 | | 37.8 | 30.5 | 43.6 | 31.9 |
| Currently sexually active and used a condom during last sexual intercourse | 63.3 | | 64.7 | 61.3 | 51.4 | 62.9 |
| Currently sexually active and used birth control pills to prevent pregnancy before last sexual intercourse | 23.4 | | 8.0 | 19.6 | 19.4 | 17.1 |
| Had ever been taught about AIDS or HIV infection | 89.7 | 71.2 | 84.0 | 83.6 | 89.4 | 81.7 |

| Weight Management and Dietary Behaviors | High School | Grades 7-8 | AI - Res | Al – Urban | Alt School | SWD |
|--|----------------|---------------|-------------|---------------|---------------|------|
| Percentage of students who | | | | | | |
| Described themselves as slightly or very overweight | 29.1 | 25.3 | 39.2 | 36.9 | 32.3 | 32.9 |
| Were trying to lose weight | 43.6 | 42.9 | 51.6 | 54.2 | 45.3 | 47.2 |
| Exercised to lose weight or to keep from gaining weight during the past 30 days | 61.4 | | 66.7 | 63.4 | 59.2 | 62.9 |
| Ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days | 38.8 | | 35.2 | 42.8 | 40.3 | 42.3 |
| Went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days | 12.0 | | 15.1 | 19.5 | 15.5 | 19.9 |
| Took diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days | 6.3 | | 7.5 | 9.5 | 10.7 | 12.3 |
| Vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days | 5.6 | | 7.7 | 6.5 | 8.5 | 10.2 |
| Drank 100% fruit juices during the past seven days | 82.2 | | 84.0 | 75.6 | 79.6 | 78.2 |
| Ate fruit during the past seven days | 88.9 | | 87.9 | 87.2 | 84.6 | 82.6 |
| Ate green salad during the past seven days | 70.4 | | 61.0 | 67.9 | 65.9 | 64.9 |
| Ate potatoes during the past seven days | 73.8 | | 70.2 | 75.3 | 73.4 | 69.5 |
| Ate carrots during the past seven days | 57.3 | | 46.7 | 53.5 | 52.2 | 51.7 |
| Ate other vegetables during the past seven days | 85.0 | | 78.1 | 79.7 | 79.6 | 77.5 |
| Drank at least one can of pop per day during the past seven days | 26.3 | | 40.9 | 30.3 | 35.0 | 32.4 |
| Drank three or more glasses per day of milk during the past seven days | 18.7 | | 14.8 | 18.7 | 24.9 | 20.3 |

| Physical Activity | High School | Grades 7-8 | AI - Res | AI – Urban | Alt School | SWD |
|--|----------------|---------------|-------------|---------------|---------------|------|
| Percentage of students who | | | | | | |
| Were physically active for at least 60 minutes per day on 5 or more of the past seven days | 44.9 | 56.0 | 40.1 | 47.1 | 45.0 | 40.3 |
| Watched three or more hours per day of TV on an average school day | 22.2 | 27.0 | 36.3 | 25.7 | 22.2 | 31.0 |
| Played video or computer games for 2 or more hours per school day | 30.1 | 35.4 | 32.1 | 36.0 | 28.7 | 32.0 |
| Attended physical education (PE) classes on one or more days in an average week when they were in school | 53.8 | 89.8 | 63.5 | 64.0 | 58.9 | 57.3 |
| Attended physical education (PE) classes daily in an average week when they were in school | 32.8 | 27.1 | 43.3 | 37.6 | 41.7 | 31.9 |
| Played on one or more sports teams during the past 12 months | 59.6 | 78.1 | 65.4 | 58.2 | 41.0 | 55.3 |

| Other | High School | Grades 7-8 | AI - Res | AI – Urban | Alt School | SWD |
|---|----------------|---------------|-------------|---------------|---------------|------|
| Percentage of students who | | | | | | |
| Have been told by a doctor or nurse that they have asthma | 20.9 | 18.0 | 19.4 | 26.8 | 25.8 | 28.3 |
| Still have asthma | 14.9 | 12.9 | 15.0 | 17.2 | 19.6 | 19.8 |